























Vanaf 20/4 tot 24/4

	MAANDAG 20/4	DINSDAG 21/4	WOENSDAG 22/4	DONDERDAG 23/4	VRIJDAG 24/4
Soep	 Aardappelsoep 59kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 3, 6, 7, 9	 Wortelsoep 74kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 3, 6, 7, 9	 Brunoisesoep 33kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 3, 6, 9	 Groentesoep 63kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 3, 6, 7, 9	 Tomatensoep 69kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 3, 6, 7, 9
Eiwit 1	 Cordon bleu 416kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 3, 6 (P), 7, 9		 Ardeens gebraad 148kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 7	 Gehaktballetjes (Vrk-Rund) 193kcal A : 6, 7	 Viskrokantje 227kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 1e (P), 3, 4, 5 (P), 6, 7, 8 (P), 11 (P), 13 (P)
Saus 1	 Mosterdsaus 7kcal A : 1, 1a, 1b (P), 1c, 1d (P), 7, 9, 10, 12	 Bolognaisesaus 158kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 3, 6, 7, 9	 Champignonsaus 26kcal A : 1, 1a, 1b (P), 1c, 1d (P), 6, 7, 9, 12	 Tomatensaus 35kcal A : 1, 1a, 1b (P), 1c (P), 1d (P), 3, 6, 9	 Tartaarsaus 308kcal A : 3, 10, 12
Zetmeel 1	 Provencaalse aardappelen 204kcal	 Spaghetti 395kcal A : 1	 Peterselieaardappelen 143kcal	 Natuuraardappelen 142kcal	 Spinaziepuree 283kcal A : 6, 7
Warme groenten 1	 Prinsessenboontjes 54kcal A : 6, 7		 Gestooftde bloemkool 72kcal A : 6, 7	 Salade ijsberg 5kcal	

Allergenen (A) : 1. Gluten, **1a.** Tarwe, **1b.** Rogge, **1c.** Gerst, **1d.** Haver, **1e.** Spelt, **1f.** Kamut, **2.** Schaaldieren, **3.** Eieren, **4.** Vis, **5.** Aardnoten, **6.** Soja, **7.** Melk, **8.** Noten, **8a.** Amandelen, **8b.** Hazelnoten, **8c.** Walnoten, **8d.** Cashewnoten, **8e.** Pecannoten, **8f.** Paranoten, **8g.** Pistachenoten, **8h.** Macadamianoten, **8i.** NOT_USED, **9.** Selderij, **10.** Mosterd, **11.** Sesamzaad, **12.** Sulfieten, **13.** Lupine, **14.** Weekdieren . **P = potentieel (i.e., kan aanwezig zijn).**